

Information on Infertility Treatment through the Method of Embryo Donation provided by anonymous donors

Infertility treatment with the use of donated embryos is fully legal in the C.R.

We are very pleased that you chose our institute. We want to make the maximum effort to ensure that your treatment will be successful. One of the main conditions is good mutual cooperation. That's why it's necessary to explain to you thoroughly every stage of the treatment. You will find here all the information you should know. However, do not hesitate to contact us at any time should you find our information unclear.

Our institute Gest IVF Ltd. is a private medical centre that has been operating in the field of sterility treatment for more than 15 years. We accentuate the individual approach to our clients and health care quality, as documented by the certification on quality management ISO 9001-2008.

You will find detailed information on our Website www.gest.cz.

Dr. Daniel Alexander and Dr. Monika Poláková look after our foreign patients.

Dr. Daniel Alexander, born in 1973

Faculty of Medicine of Comenius University, Bratislava, Slovakia

Postgraduate study in the field

9 year experience in the field of reproductive medicine – Iscare Bratislava, GEST Prague

speaks English, German, Russian and Slovak

Dr. Monika Poláková, born in 1972

Faculty of Medicine of Charles University in Prague

Postgraduate study in the field

10 year experience in the field of reproductive medicine – Obstetrics and Gynaecology Clinic

FN Motol Prague, GEST Prague

speaks English and German

E-mail: monika.polakova@gest.cz, daniel.alexander@gest.cz

Phone: +420602758353

Professional guarantor of donor programmes

Dr. Jan Šulc, born in 1956

Faculty of Medicine of Charles University in Prague

Postgraduate study in the field

27-year experience in the field of reproductive medicine – Obstetrics and Gynaecological

Clinic of Charles University in Prague, Gest Prague

Origin of donated embryos:

We use embryos stored at our institute in a frozen state.

They most often come from couples that were successfully treated at our institute for infertility and do not desire more children. The second possibility of embryo origin for donation is the fertilization of eggs of a voluntary female donor with sperm from a voluntary male donor.

Donor requirements and their examination:

Female:

Age less than 35.

Intelligence and appearance are taken into account.

Examination: standard genetic findings including CFTR mutations (test for cystic fibrosis).

A negative test result on: AIDS (HIV test), hepatitis B (HbSAg, anti-HBc antibodies), hepatitis C (anti-HCV antibodies), lues (syphilis).

Obligation of anonymity.

Signed consent for donating embryos (eggs).

Male:

Age less than 40.

Intelligence and appearance are taken into account.

Examination: standard genetic findings including CFTR mutations (test for cystic fibrosis).

A negative test result on: AIDS (HIV test), hepatitis B (HbSAg, anti-HBc antibodies), hepatitis C (anti-HCV antibodies), lues (syphilis), chlamydia trachomatis.

Obligation of anonymity.

Signed consent for donating embryos (sperm).

Requirements on Treated Couple:

Obligation of anonymity.

The age of the woman should ideally be less than 48 years. Should the age of the woman exceed 48 years, we offer individual examination for classification.

Good health condition of the woman.

Marriage is not necessary.

First Contact:

On our WEBSITE you can find a special on-line questionnaire about your health condition.

We ask you to complete it or to print it and to send it to us via post.

We then send you a Treatment Consent Form – Declaration of the recipient of donated embryos and her partner. Read it carefully. You will be asked for a signature during your first visit at our institute, upon which your identity will be verified according to your passport.

It is recommended to have an examination of thyroid hormones and the level of prolactin of the woman, so as the gynaecological examination.

We need to know the blood group of yours and of your partner.

A prerequisite for registration in the Donated Embryo Program in women over 45 is an examination by a GP or internist with the finding that there is no known health reason, why the woman could not become pregnant.

Finally, you will be asked to pay the deposit for the settlement for treatment in the amount of 100 Euro. Please, send this amount to our bank account at:

Raiffeisenbank, a.s., Olbrachtova 9, 140 21 Prague 4, Czech Republic

Bank account No. 4175055001/5500

IBAN : CZ6555000000004175055001

SWIFT/BIC of the bank: RZBCCZPP

The payment confirms your real interest in the treatment at our institute, and we shall place you on a waiting list or assign you a dose of embryos directly.

The conditions for being added to the waiting list of couples waiting for a donor are the following:

- 1) Filled on-line questionnaire
- 2) Payment of the deposit into our account

Price:

1 cycle with donated embryos from voluntary donors 63 250 CZK

The price includes: one dose of frozen embryos, all investigations of the donors including genetic testing, embryo storage for a period of 1 year, preparation of the female recipient, thawing of embryos, 24-hour embryo cultivation, and embryo transfer

Not included in the price, thus additionally charged

AH per 1 embryo	3 300 CZK
Embryo glue – if applied	1 650 CZK

Embryo dose:

1 dose contains 2 to 5 embryos. The difference in number is given by historical development, where in the past the embryos were frozen even in numbers of four or five. The majority of doses, however, contain 2 or 3 embryos.

Embryos originate exceptionally from couple of the common European population (Caucasian race = "white skin").

You can choose colour of eyes, colour of hair and body height and weight of both donors, so as their level of education.

Guarantee:

Investigation of the donors – good condition of health, normal genetic finding, negative tests for sexually transmitted diseases.

At least one quality, after thawing, properly developing embryo for transfer.

If no embryo survives thawing, allotting of another dose (it cannot, however, be assured that the transfer occurs in the planned cycle).

If no pregnancy occurs, we will assign to you a new dose of frozen embryos free of charge.

The price will be only 12 100 CZK for management of the cyclus and for embryotransfer itself + possibly 3 300 CZK for assisted hatching/ 1 embryo + possibly 1 650 CZK for embryo glue, than.

Preparing the treatment:

Nad Budánkami II. 24
150 00 Praha 5
IČO: 49711318

Systém jakosti ISO 9001:2000



tel., fax: 257 212 516-18
www.gest.cz, info@gest.cz

We will notify you, either by e-mail or by telephone, the moment we have a dose of embryos available for you.

The waiting periods are currently minimal; however, this may not always apply.

We then plan the transfer in one of the next cycles of the woman.

Within the elected cycle, you will use micronized estradiol in a dosage of 2 mg, 3 times daily from the 1st day of your menstrual bleeding. Should your cycle be controlled by different medication, you will discontinue it. The first day of your menstruation is the day when the bleeding starts in the morning and is not only spotting but rather bleeding of regular intensity. If you are uncertain, it is better to start a day later.

Your gynaecologist will prescribe the micronized estradiol medication for you. We can also send this medication to you via post (+ 60 Eur)..

It is further necessary to arrange a date, either by email or telephone, for your 1st visit at our institute. It should be timed to coincide with the 12. – 14. day of your menstruation cycle.

Your first visit

The first appointment should be attended by both of you; it means the woman as well as the man.

You will be asked to sign the treatment consent form, verifying the identity based on our passport.

A gynaecological examination will follow in women, including an ultrasound examination with a measurement of the endometrial height. If the height achieved is at least 7mm, we add micronized progesterone medication and based on the age of the frozen embryos, we plan the date of transfer.

Rarely does it occur that the endometrial height is less. In such cases, we must increase the dosage of estradiol and evaluate the findings after 2-3 days.

The partner's attendance is not necessary.

Embryo transfer

The transfer itself always takes place in the early afternoon, on Saturday before midday.

It is a painless procedure. Prior to the procedure, you shall be thoroughly informed about the thawing process, the number, and the development of embryos.

You will be requested to remit payment for the treatment prior to the transfer.

Reimbursement:

<i>1 cycle with donated embryos from voluntary donors</i>	<i>63 250 CZK</i>
<i>A deposit of 100 Euro will be deducted based on the actual exchange rate of CZK and EUR</i>	
<i>+ if so arranged</i>	
<i>AH per 1 embryo</i>	<i>3 300 CZK</i>
<i>Embryo glue – if applied</i>	<i>1 650 CZK</i>

You will leave our institute after 1 or 2 hours after the transfer. We recommend the woman to restrict all activities that are not necessary for the period of 3 consecutive days. The best date for leaving the Czech Republic is then after 3 or 4 days after the embryo transfer.

Micronised estradiol with gestagen has to be still used.

Maternity Card

A Pregnancy test should be executed after 16 or 18 days after the transfer. If the test is positive, it is still necessary to use the above mentioned hormonal support. If the test is negative, you will discontinue these medicaments. Menstrual bleeding should usually appear after the termination of hormone therapy. Should bleeding appear earlier, we recommend you to consult further procedure with us.

All payments may be made in CZK or in the Euro equivalent converted using the current exchange rate.

We accept the majority of regular credit and debit cards.